TALLAHASSEE MEMORIAL DIABETES CENTER

(850) 431- 5404 431-6325 (FAX)

Name:		D.O.B
Targets:	before meals 2 hours after meals / bedtime	

	Blood Glucose Results							Diabetes Pills and/or Insulin				Comments: Insulin adjustment,
	Brea	ıkfast	Lu	nch	Sup	per						Ketones (neg., Tr., Sm., Mod., Lg.) Sick, upset, exercise, alcohol, extra food, eating out.
Date	Before	After	Before	After	Before	After	Bed - time	AM Type/ dosage	Noon Type/ dosage	PM Type/ dosage	Bedtime Type/ dosage	
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Last Revised: 2-25-05

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