



**The Employee Assistance Program at  
Tallahassee Memorial HealthCare, Inc.**

1613 Physicians Drive  
Tallahassee, Florida 32308  
(Office) 850-431-5190  
(Toll Free) 877-501-0956

## **CLINICAL STAFF QUALIFICATIONS**

**Tallahassee Memorial has a regional network of highly qualified employee assistance, mental health and addiction professionals. The following staff provides clinical services in the Tallahassee and surrounding area.**

**Robert Carton, LMHC, CEAP, SAP**, is a Licensed Mental Health Counselor, a Certified Employee Assistance Professional and Substance Abuse Professional for the DOT. During a long professional career, he has worked in many modalities within the mental health profession directing both in-patient and outpatient counseling programs. Bob has worked in the EAP profession since 1978 and became a Certified Employee Assistance Professional in 1987 (year CEAP was first initiated). Bob is currently president of the Big Bend Chapter of the Employee Assistance Professionals Association and a charter member. Bob has a master's degree in Counseling Psychology from Nova University in Ft. Lauderdale, Florida as well as a degree in philosophy and theology. Prior to his career with Tallahassee Memorial HealthCare EAP Bob was the director of a large Statewide EAP Network and previously the EAP Manager for the School District of Palm Beach County. Bob has been employed by TMH for over twenty years.

**Shari Lindquist, LMFT, CAP, SAP** is a licensed Marriage and Family Therapist, a Certified Addiction Professional and a Substance Abuse Professional for the DOT. She has her master's degree in Counseling Psychology from National University in San Diego, California. Shari was given the Award of Excellence as Clinician of the Year in 2012 from the Florida Alcohol & Drug Abuse Association. She has over 20 years of experience working with a diverse population, from private practice, inpatient behavioral health and chronic disease. She enjoys working with individuals, couples, and teenagers. Shari is a Level 1 Yoga Fit instructor and incorporates these skills in her daily practice with clients. Shari has worked at TMH for over 10 years and recently transferred from the TMH Metabolic Health Center.

**Josie Rosenberg, LMFT** is a licensed Marriage and Family Therapist experienced in treating adults, families, and adolescents. She has her master's degree in Family and Developmental Science from Colorado State University in Fort Collins, Colorado. Josie is trained in Eye Movement Desensitization and Reprocessing (EMDR), an evidence-based trauma treatment. She grew up in Tallahassee and moved back home after living in Colorado and practicing psychotherapy there for over 10 years.