Coronavirus is a new germ that makes people sick.
Most people only get a little bit sick from coronavirus. But sometimes other people, including older people like grandparents, can get very sick from coronavirus.

Coronavirus can make people cough and have fevers for a little while.
Coronavirus makes most people feel like they have a cold or the flu. Some people may have a cough, a sore throat or feel extra tired. Some people can rest at home and feel better. Others may need to come to the hospital for medicine and extra air to help them breathe.

Kids can help!
Kids can stay healthy and help other people stay healthy by:
- Washing your hands with soap for as long as it takes to sing the “Happy Birthday” song twice. Wash your hands after you blow your nose or use the bathroom and before you eat.
- Covering your cough with your elbow.
- Trying not to touch your face because it can move germs from your hands to your nose or mouth, which can make you sick.

Staying home helps keep people healthy.
Lots of schools, restaurants and parks are closed. Staying home helps stop coronavirus from spreading, which can prevent it from reaching the people who can get the sickest. School may also be cancelled for a while and your teacher may send you schoolwork to do on the computer.

It’s not your job to worry.
Lots of adults like moms and dads, teachers, doctors, nurses and scientists are all working very hard to keep everyone safe. If you are worried, talk to an adult about it. Keeping people safe is a grown-up job, not a kid job.

For additional information, visit TMH.ORG/Coronavirus.