

TALLAHASSEE MEMORIAL HEALTHCARE

FOUNDATION

Trustee Spotlight

WALTER E. HALEY

Walter “Walt” Haley is the president and CEO of FMI Printing and Distribution. After graduating from the University of West Florida with a B.S. in Marketing, Walt worked for National Cash Register (NCR) Corporation as a salesperson before working his way up to zone manager, and eventually district manager. When Walt’s job brought him to Tallahassee, he fell in love with the city and saw an opportunity to start his own business.

Walt started FMI in 1978 when he had the idea to offer a full line of printed products, complimented by an in-depth inventory management program. FMI has since grown to include branch locations in Albany, Ga. and Hattiesburg, Miss. and today also offers services that include digital on-demand printing, office products, office furniture and promotional products.

“I’ve always loved my work and what I do,” said Walt, “but I really love being able to truly be a part of the greater Tallahassee community, and even more so, finding ways to give back to the community.”

Walt is highly active in the Tallahassee community and has been involved in the Tallahassee Chamber of Commerce; served as the president of the Leon High School Foundation;

served as a member of the FSU Foundation; lectured at both Tallahassee Community College and Leon High School to business classes on entrepreneurship; coached little league baseball and youth football; and served as both a past chairman and a current member of the Tallahassee Memorial Healthcare (TMH) Foundation.

“I’ve been involved with the TMH Foundation for about 20 years now,” said Walt. “Being a Trustee lets me help people in the community. When you’re involved with the TMH Foundation, you’re not just helping those who are sick, but you’re also helping the overall wellness of the community – and that gives me a good feeling.”

When Walt isn’t enjoying the various fundraisers and activities of the TMH Foundation – such as the annual golf tournament, Tee Off for Tots – you can find him spending time with his family. Together, Walt and his wife

Carolyn have three children, John, Brian and Nicole, and seven grandchildren. In his free time, Walt enjoys traveling, reading, hunting, fishing and woodworking.



Gift IN ACTION



On August 22, Chuck Urban, 51, woke up thinking it would be a typical Tuesday, but that morning he felt anything but normal. Despite being nauseous and having a headache for no apparent reason, Chuck got out of bed to help his boys, ages 10 and 12, get ready for school just like he would on any other weekday. While he tried to push through his symptoms in order to complete his morning routine, they continued to worsen.

"I started slurring my words, not all of them, but every once in a while. I wasn't speaking right and felt weak in general, specifically on my left side," he said. "It was scary."

He confided in his wife, Katy, about his on-set symptoms and together made the quick decision to go to Tallahassee Memorial HealthCare (TMH), home to the region's only Comprehensive Stroke Center.

When they arrived, Chuck was rushed for a CT scan and Siddharth Sehgal, MD, neurologist, provided a rapid diagnosis. Chuck was having an ischemic stroke, a literal "brain attack."

When a stroke happens, saving time means saving brain. Significant advancements have been made in the field of stroke treatment in recent years; however, these treatments

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are most effective in the first few minutes to hours after a stroke.

Calling 911 and getting medical attention immediately has been proven to improve access to treatments and to minimize brain injury from the stroke. Stroke treatment options include tPA, the “clot-busting” medicine and mechanical thrombectomy, a minimally invasive procedure that removes blood clots without opening the skull.

While Chuck arrived at the hospital outside the treatment window to receive tPA or mechanical thrombectomy, he spent the next two days in acute care and then began intensive inpatient rehabilitation at the Tallahassee Memorial Rehabilitation Center (TMRC).

“I basically lived there for two weeks – I got help and therapy right away, which was key to my recovery honestly,” said Chuck.

Nine months after his graduation from inpatient rehabilitation, Chuck’s journey continues at the Tallahassee Memorial Neuro Rehabilitation Clinic, which resides within TMRC. Twice a week he receives intensive outpatient physical and occupational therapy with two of his therapists from the very beginning, Lauren Pelham, PT and Sue Bodziak, MOT, OTR/L.



Throughout Chuck’s stroke care, he’s demonstrated incredible perseverance and strength, both emotionally and physically, largely in part to the dedicated support of his team of therapists. It was evident that his progress was their passion, and the Urbans knew they wanted to show a small token of appreciation.

“Chuck and Katy are extremely generous – they donated vouchers for approximately 40 pairs of very nice running shoes for TMRC therapy teams. Colleagues simply presented their vouchers at a local retailer and were able to choose any shoe in the store. It was amazing,” said Sheree Porter, Director of Therapy Services. “Chuck told us that he noticed we are on our feet a lot and that being comfortable was important.”

But his generosity didn’t stop there.

Last October, Chuck participated in a trial of a new robotic arm system during occupational therapy. This technology, designed to enhance neurological therapy for stroke care, wowed Chuck and patients alike with immediate results after just one session.

“My therapists thought it would be helpful to their patients,” said Chuck. “I was in a position to help with the recovery process of other

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patients’, not just stroke survivors, but anyone who needed the device to assist in their recovery.”

With the help of the TMH Foundation and other generous donors, the Urbans gifted a sizeable donation for the acquisition of a robotic arm system – making TMRC the only rehabilitation center in North Florida to offer the use of robotics, the most advanced technology in rehabilitation for neurological diagnoses.

“Chuck’s hard work ethic is only surpassed by his generosity,” said Sheree. “He’s an integral force in supporting the acquisition of cutting-edge technology that will benefit many patients for years to come.”

The TMH Foundation strives to connect with grateful patients, like Chuck Urban, who have a passion for helping the Foundation to support the hospital’s mission of transforming care, advancing health and improving lives.

If you’re a grateful patient, or know someone who is, and would like to share your story, please reach out to the TMH Foundation at Foundation@TMH.ORG.

Celebrating 10 Years of Philanthropy

Leon High School is celebrating a special anniversary this year - one that has an impact on the entire community. For 10 years, Leon High has partnered with the Tallahassee Memorial HealthCare Foundation to raise funds for the Tallahassee Memorial Cancer Center. This year, Cameron Fink, Leon High Student Body President and Caroline Englert, Community Service Chair, have led the effort. Over the last 10 years, students, faculty and administrators have raised more than \$220,000 for the Cancer Center. The successful efforts of the Leon students have not only made a difference to the lives of many cancer patients, but it has provided lessons in how to give back to the community. On behalf of Tallahassee Memorial HealthCare's Foundation and Cancer Center, as well as the community, thank you Leon High School for your participation over the last 10 years!



Cards for a Cure

SAVE THE DATE

Electrotech, LLC presents the

13th Annual Cards for a Cure

Benefiting the Tallahassee Memorial Cancer Center & Cancer Programs

in honor of Betsy Burgess

October 6, 2018 | 7 pm - 11 pm | Donald L. Tucker Civic Center

Entertainment by: All In One | Sponsor information:

Janet.Borneman@TMH.ORG or 850-431-4048 | TMH.ORG/CardsForACure



The
SPRING GARDEN
Party

The Spring Garden Party was started in the early 1980s by a group of compassionate Tallahassee women as a way to contribute and help those people in the Big Bend region who were dealing with cancer. The event has grown from a small gathering to an annual cocktail buffet for over 250. Generous hosts have opened their homes and gardens for the annual spring event. All proceeds are utilized locally and over the past few years have funded things such as music therapy at the Tallahassee Memorial Cancer Center for patients going through chemotherapy, providing and styling wigs for cancer patients, and providing iPads and specialty chairs for cancer patients to use during visits. Thank you to everyone who joined us this April for the 37th annual Spring Garden Party, hosted by Gordon and Mary Owen Thames.

Gordon and Mary Owen Thames



Autumn Mayfield, Stacey Kenny,
Ali Kelly, Josie Gustafon



Pat Conn, Cassie Conn,
Corinna Strayer, Sarah Bayliss



Jerry and Cay Ford



Theo Proctor and Guy Thomas



Sarah Ball Miller and Mary Owen Thames





Mickey S. Moore,
TMH Foundation
President

“THE GIVING TREE” AND OUR COMMUNITY

Every night when putting our boys to sleep, my wife and I read from a selection of books – varying from children’s bibles to famous fairy tales to superhero stories. Recently while I was reading to my son Shane, he requested I read *The Giving Tree* by Shel Silverstein. Surely, many of you have heard of this book and its “debatable” intentions or interpretations. Since the book’s publication in 1964, it has been widely considered to be divisive and controversial.

For me, I couldn’t help but be drawn to the interpretations centered on selfless giving and unconditional love expressed by the tree and the unfortunate lack of gratitude displayed by the boy as he aged through the years. Perhaps it is because I am involved in the gift-giving business that I was so drawn to this book and felt encouraged to share my personal view of the book and how I think it relates to our community.

In his childhood, the boy enjoys playing with the tree, climbing her trunk, swinging from her branches, carving “Me + T (Tree)” into the bark and eating her apples. However, as the boy grows older, he spends less time with the tree and visits her only when he wants material items at various stages of his life, or the boy brings a friend along to visit (such as when he brings a lady friend to the tree and carves “Me + Y.L.” (her initials into the tree). In an effort to make the boy happy at each of these stages, the tree gives him parts of herself, which he can transform into material items, such as money (from her apples), a house (from her branches) and a boat (from her trunk). With every stage of giving, “*the Tree was happy.*”

In the final pages, both the tree and the boy seem somber in their realizations around their “giving” and “taking” natures. When only a stump remains for the tree, she is not happy - but the boy does return as a tired elderly man to meet the tree once more. She tells him she is sad because she

cannot provide him shade, apples or materials like in the past. He ignores this and states that all he wants is “a quiet place to sit and rest,” which the tree, who is weak from being just a stump, could provide. With this final stage of giving, “*the Tree was happy.*”

When I think about our community, I certainly see the joy of giving across many interests and areas of need. Some seem to give until they can give no more – or at least you would think they couldn’t. Some have such an unconditional love for a specific charitable cause that you can practically see it stamped on their forehead and hear it loud and clear in every passionate word they speak about the cause. The tree gave all and found great happiness in it – and we are fortunate to have so many in our community that feel the same way every day.

When it comes to gratitude – well, the boy could have done better, much better. Although no one is perfect when it comes to expressing gratitude, we should all do our best to acknowledge any/all gifts we receive – big or small, old or new, success or failure, unrestricted or designated, etc. A simple, handwritten thank you note or a jumbotron thank you – either way is impactful and makes a difference. Attention to detail with thank you expressions are key in relationship retention – personally and professionally. Key in the fact that if you do it consistently and meaningfully, the more likely you are to receive the gift again... or not. Let’s not take for granted the gifts we receive in life – up to, and including, waking up every day, spending time with friends and family, investing in our nonprofits, volunteering for local boards, mentoring, and doing random acts of kindness – and be sure to express some gratitude. I, for one, am grateful to be a part of this giving community.

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The TMH Foundation Update is produced by the Tallahassee Memorial HealthCare Foundation
1331 East Sixth Avenue, Tallahassee, FL 32303 | 850-431-5389 | Foundation@TMH.ORG

To make a secure online donation, we invite you to visit [TMHFoundation.ORG](https://www.TMHFoundation.ORG).

