9 March 2022

## REQUEST FOR FEMALE RESEARCH PARTICIPANTS

The FSU College of Health and Human Sciences is conducting a study on exercise and fat metabolism

Join our 12-week exercise study!

## You may qualify if you:

Are a woman between the ages of 50 and 70 years

 Have excess body weight and are at risk for diabetes

Do not exercise regularly

## You may receive:

- Health screening
- Supervised exercise
- Up to \$1,000 upon study completion

For more information, contact Cesar Mesa at cmeza@fsu.edu or 915-490-1820

