

TMH Pediatric Rehab Sickness Policy

Participation in activities TMH Rehabilitation requires that children be free from communicable diseases. This is not only to promote the health and safety of your child but also the health and safety of all children attending therapy here. Therefore, guidelines for excluding ill and/or infected children have been developed. The guidelines include:

1. The illness prevents the child from participating comfortably in therapy
2. The child has any of the following conditions:
 - ❖ **FEVER:**
 - Restrict if fever of 101 degrees or greater with no accompanying symptoms
OR
 - Restrict if fever of 100 degrees with the following symptoms:
 - Unusual spots/Rash
 - Headache/Stiff Neck
 - Trouble Swallowing
 - Red/Irritated Sore Throat
 - Cough
 - Vomiting
 - Diarrhea
 - Infected Skin Areas
 - Uncontrolled Nasal Drainage
 - Unusual Behavior

*The child should be afebrile (NO FEVER) without the aid of medication before returning to therapy

- ❖ **DIARRHEA:** Restrict if uncontrolled diarrhea (increased stool water or decreased form) that is not contained by the diaper or toilet use. Child should remain out of therapy until diarrhea resolves and child is not in danger of dehydration. The child must have returned to a normal diet prior to returning to therapy.
- ❖ **VOMITTING:** Restrict if 2 or more episodes of vomiting in the previous 24 hours. The child should remain out of therapy until vomiting resolves and the child is not in danger of dehydration. The child must have returned to a normal diet prior to returning to therapy.
- ❖ **RASH:** Rash with fever – restrict until physician determines it is not a communicable disease
- ❖ **PINK EYE (Purulent Conjunctivitis):** Restrict until all drainage and redness is resolved. Defined as pink or red conjunctiva with thick mucous or pus draining from the eye, often with matted eyelids after sleep, eye pain, or redness of the eyelids or skin surrounding the eyes. Non-purulent conjunctivitis defined as pink conjunctiva with a clear, watery eye discharge without fever, eye pain, or eyelid redness does not require exclusion.
- ❖ **HEAD LICE:** Restrict until after treatment has been initiated
- ❖ **IMPETIGO:** Restrict until 24 hours after initiation of treatment and sores are dry
- ❖ **RING WORM:** Keep lesion covered; if unable to cover, lesion should be shrinking after initiation of treatment before returning to therapy
- ❖ **STREPTOCOCCAL PHARYNGITIS:** Restrict until 24 hours after initiation of treatment/medication
- ❖ **CHICKEN POX/SHINGLES:** Restrict until all lesions have dried and crusted
- ❖ **ABDOMINAL PAIN:** Restrict until persistent or intermittent pain is elevated
- ❖ **UNEXPLAINED SYMPTOMS:** Restrict if symptoms of possible serious illness such as lethargy, irritability, persistent crying, difficulty breathing, or other signs until medical evaluation indicates inclusion

I have read, understand, and agree to the above policy.

Parent/Guardian

Date

Time