The Transition Center is an innovative new facility created by Tallahassee Memorial HealthCare, in partnership with Capital Health Plan, to provide follow-up care to certain patients being discharged from our hospital who can’t see a physician as quickly as needed, who don’t have a physician, or who don’t have insurance.

The goal of the Transition Center is to provide these patients with the care and support they need to help them continue on the road to recovery. Types of the services offered at the Transition Center may include help with filling prescriptions, lab work, arranging physical therapy and other rehabilitation services, and connecting patient with other agencies that may be able to provide assistance.

Transition Center Staff:
Stephen Quintero, MD, Medical Director
Judy Griffin, ARNP, Nurse Practitioner
Gretchen Moss, LPN

The Transition Center is located at:
3333 Capital Oaks Blvd.
Tallahassee, FL 32303

Phone: (850) 431-4470

Operating Hours:
Monday - Friday
8:00 a.m. - 5:00 p.m.